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EVIDENCE AS A BASIS FOR WELL- BEING AND HEALTH

Book of Abstracts

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Conference Abstracts

EVIDENCE AS A BASIS FOR WELL-BEING AND HEALTH

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REDUCING HEALTH INEQUALITIES IN EU- THE ACTION-FOR-HEALTH PROJECT. THE SLOVAK EXPERIENCE

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ACTION-FOR-HEALTH is an international project funded by DG Sanco (EU) which brings together ten countries (SI , UK , NL , ES , HR , HU , BG , CZ , LT , EE). The project coordinator is the Office of Public Health Murska Sobota, Slovenia. The general objective of the project is to improve health and quality of life of citizens by tackling health inequalities (HI) by means of health promotion. This will be reached by increasing the capacity of stakeholders within European regions to use health promotion interventions to effectively tackle HI as a core part of action plans that access structural funds (SF). The main outcomes are twofold. Firstly, an increased capacity of project partners and an action plan for tackling health inequalities. Secondly, the project will produce a tool for creating an action plan, adjusted to each environment, respecting existing capacity (human, financial and infrastructural), incorporating main cultural characteristics, flexible to changing circumstances. The project plan consists of six work packages. Within the implementation of the project plan a research team in each country will assess the situation in the field of health with a focus on identifying health inequalities in the selected region. Subsequently, based on situational analysis, the team will develop a strategic document that contains an action plan for the improvement of identified health inequalities in the selected region through health promotion. One of the objectives of the action plan will be implemented. Currently our project team is in the second phase of the project. After carrying out the situational analysis aimed at identifying health inequalities in town Trnava, we are finalising an action plan and we are preparing ourselves for the implementation of one of the objectives. Our action plan is focused on health promotion in the field of chronic non-communicable diseases across all population group of the Trnava city. As a part of implementation of the selected objective we are preparing the Healthy Days event that will include lectures and workshops as well as some health examinations for participants.

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